



In the know:

May 21 - Disaster First Aid

June 25 - Radiation Response Basics

July 16-17 - Annual Training Summit

August 20 - Disaster Communication

An All Volunteer - Nonprofit Organization

Heroes aren't born. They volunteer!

FUN FACT

FEMA was created in 1979 through an executive order by Jimmy Carter

QUICK LINKS:

- [All Hazard Preparedness Guide](#)
- [GNR Health](#)
- [MRC GEM](#)
- [MRC GEM Calendar](#)
- [Alerts and Warnings](#)
- [National MRC](#)



Attending the NACCHO Preparedness Summit in April. Left to right: Steve Inserra, Patty Thumann, Sherwin Levinson, Judee Levinson, Ellen Jones (missing in photo: R Michael Carter)

VOLUNTEERING AND ITS SURPRISING BENEFITS

By Jim Newell, VP Membership, MRC GEM



You might ask yourself, why volunteer? I'm sure that you have your reasons. But did you know that it can actually improve your health? By volunteering, you can reduce the effects of stress, anger, and anxiety. By working with others, you can make a huge impact on your overall psychological well-being. By being in regular contact with other like-minded individuals, you can build a solid support system, which in turn protects you against depression.

Volunteering also gives you a sense of purpose that can take your mind off your own worries. There have even been studies that suggest that by volunteering, you can help delay or prevent Alzheimer's disease. Volunteering can also help you stay physically healthy. Volunteering has also been shown to lessen symptoms of chronic pain or heart disease.

In future newsletters, we will explore other benefits that you may not be aware of. We appreciate your time and effort to make our community a better place to live. Take care!

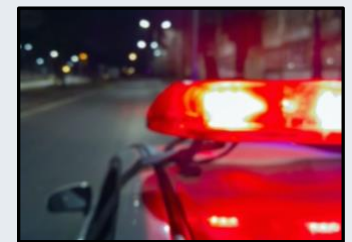
SEARCH AND RESCUE

What3words app has been used to rescue people who have been trapped deep in the woods. When someone calls 911, being in the woods with no address, mile markers, etc. it is really hard to figure out where to find them. Many emergency services around the world now accept 3 word addresses from callers who would otherwise struggle to say exactly where they need help. *what3words* has helped find many people in need of emergency assistance quickly and easily.

[Check out some what3words for emergencies real-life stories](#)

DID YOU KNOW?

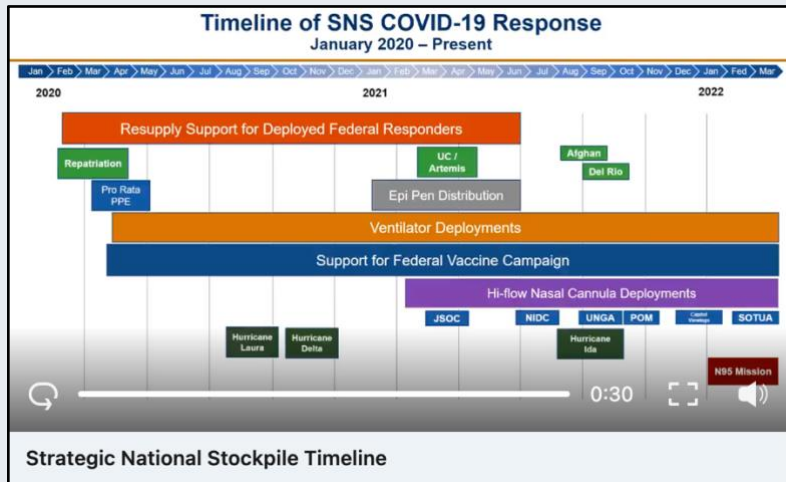
A new study finds reflective markings may reduce drivers' ability to see first responders at night. [Check it out](#)



Emergency Management Leaders Evaluate FEMA's Priorities in the Changing Face of Disasters

The Federal Emergency Management [Agency's Strategic Plan for 2022-26](#) rests on a trio of "bold and ambitious" goals focused on improving equity for those affected by disasters in underserved communities as well as developing a diverse emergency management workforce, building climate resilience, and promoting readiness in the workforce and communities to face current and emergent threats. Read [full article](#)

STRATEGIC NATIONAL STOCKPILE



HHS Office of the Assistant Secretary for Preparedness and Response (ASPR) Strategic National Stockpile has been activated 24/7/365 since the beginning of the #COVID19 response. From its first COVID-19 mission to support repatriation efforts to the recent deployment of N95 respirators across the country, responders from the Strategic National Stockpile have worked to deploy medical resources that protect people across the country. Check out our timeline to see how the Strategic National Stockpile has served the nation throughout the pandemic.

<https://lnkd.in/dJKRAhM> Check out the timeline.



MRC GEM was very thankful to receive an announcement in early April that it was awarded a special grant from NACCHO in partnership with the Department of Health and Human Services (HHS Office of the Assistant Secretary for Preparedness and Response (ASPR) to assist us in responding to emergencies, innovate, sustain and equip our programs. This grant will strengthen our emergency response capability and help assure our long-term viability.



This photo is from our April MRC GEM Member training on CPR

May meeting will be on Disaster First Aid Training along with Stop the Bleed refresher course. We'll have a paramedic share some of the many injuries he has faced over the years, as well as first aid techniques to use during a disaster. Look out for an email to sign up.

MEMBER SPOTLIGHT

Jim Marchand joined MRC about 2007 while preparing Emergency Continuity Plans for the Tax Commissioner. Jim was a certified professional in healthcare quality and served as a certified mediator for the Cobb County Magistrate Court. He also served in the US Air Force and Air National Guard (in Washington, Virginia, Georgia, and Pennsylvania) before retiring from the military in 1998 after 23 years.



We would like to spotlight a member each month in our newsletter. [Tell us a little about yourself.](#)

10 Trends Reshaping Government Pandemic's Wake



1. Climate-resilient government
2. Reshoring and friendshoring supply chains
3. Future-proofing the labor force
4. Linked-up government
5. Data-fueled government
6. Government as catalyst for innovation
7. Collaborating for public health preparedness
8. Digital access for all
9. Designing for richer community engagement
10. Reimagining social care

CHECK OUT CAREERS NEEDING FILLED



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