

An All Volunteer - Nonprofit Organization

Heroes aren't born. They volunteer!

OCTOBER | 2021 | ISSUE #3

Save the Date:

October 16 - Telehealth & Telemedicine

November 13 - To Be Announced

December 11 - Annual Holiday Party

January 15 - Family Disaster Planning

QUICK LINKS:

- New....GNR Dashboard
- **GNR** Health
- **Emergency Planning for family**
- Alerts and Warnings
- **Exposed to Covid Info**
- **National MRC**
- MRC GEM Donors



MRC GEM Executive Director Sherwin Levinson, and Georgia State Senator Dr. Michelle Au.

Celebrating MRC GEM

By Dr. Audrey Arona, District Health Director Gwinnett, Newton, and Rockdale County Health Department

This past month at the MRC picnic, I was thrilled to take time to celebrate those that could attend. For those of you who couldn't, I want to extend my gratitude to you. I don't know what the Health Department would have done without the support of all of you in

MRC GEM.

You are selfless, you are brave, and you are patient. How many times did we change our processes? Yet each time, you all showed up and flowed with the changing tides. We all learned together but I can't thank you enough for your commitment to us. Your enthusiasm, smiles, and willingness to step up, not just once but for more than 18 months of this pandemic, have changed the way our response turned out. I am truly humbled by your willingness to volunteer thousands of hours. The Health Department could have never afforded such a workforce!

I want to remind you of the ways you've made a difference:

To our Health Department: You contributed your time, energy, and talents. In turn, you helped create a positive image for our Health Department through your smiles and "cando" attitudes. You brought fresh perspective and new insight into our operationsunbelievably great ideas-and you brought your energy to a very tired public health work force!

To our communities: You helped extend our reach locally and helped thousands of individuals and families in the process. You calmed fears and anxiety for so many, and you spread peace at each of our sites. You gave selflessly and sacrificed time with your own families. Ultimately, you generated well-being for over 300,000 people.

To the world: You may not believe it, but your contributions here locally also affect the world. You brought a light to the power of service for people. The great work each of you gave inspired others to give of themselves. In fact, look how much MRC has grown! (And if you're new, welcome!) Your service encouraged others to join MRC; it made people want to help this cause. Also, think of all the children to whom you have modeled a servant's heart. You're inspiring our future generations to work towards the greater good.

DID YOU KNOW?



Efforts are being made to build mobile solar generators to help where it's needed most after a storm. A clean, quiet way to transform disaster response. Read more.

FUN FACTS

- MRC GEM Shop at Amazon smile.amazon.com has received \$668.47 to date thanks to you!
- The MRC GEM Stop the Bleed course was free to members, and would cost \$179 elsewhere.
- For every dollar spent on preparedness, five dollars are saved in future losses.

Annual Volunteer Picnic



On Sunday, September 19, 2021, MRC GEM welcomed members old and new to our 14th annual Volunteer Appreciation Picnic. Food (yummy lunch from 'Cue Barbecue in Peachtree Corners), fun, and fellowship were the order of the day at the Medlock Pavilion of Pinckneyville Park.

It was a great honor to have our District Health Director, Dr. Audrey Arona and Gwinnett County Commission Chairwoman, Nicole Love Hendrickson come and speak to our membership. They both expressed their appreciation of our members to continually step

up and help when asked. They were amazed at all our continued dedication.

The health department wanted to show their gratitude by giving us all a token of appreciation with a Yeti-style imprinted cup saying, "Community Hero, Thank you for helping us protect our communities from COVID 19!" For those of our members that were not able to attend the picnic, and have volunteered in the Covid-19 response, we will have these special cups for you at our Saturday meetings held at the health department each month.

Our MRC GEM Management Team



Storage Unit Cleanup







On Wednesday, September 15th some of the management team spent the morning cleaning out, organizing and cataloging our storage unit for any emergency deployment we may be called to in the future.

Our very own R Michael Carter took cartons that we salvaged to the cardboard only recycling bin behind an Elementary school, not only kept from the landfill, also generating a little cash for the school/PTA. Plastics went to Gwinnett recycling. Garbage went to WastePro. A BIG THANK YOU to everyone who helped!

October 16th meeting Telehealth and Telemedicine



Please join our speaker, Suleima Salgado, MRC GEM member and Director of Telehealth and Telemedicine for Georgia Dept of Public Health. She will discuss telehealth medicine and the roles that MRC GEM members can take to help in the event of a disaster. There will be hands-on demonstrations of the equipment used.

DONATE

We are an all-volunteer 501(c)(3) nonprofit with no paid staff, so every penny donated goes directly to providing services.

2 ways to help at no cost to you. A portion of your purchase will go towards MRC GEM.



Shop at <u>smile.amazon.com</u> and/or Link your <u>Kroger card</u>

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