

An All Volunteer - Nonprofit Organization

Heroes aren't born. They volunteer!

Fun Facts

- Georgia is the largest state east of the Mississippi River.
- Georgia is home to the oldest state park in the nation.
- Wesleyan College in Macon was the first college in the world chartered to grant degrees to women.

QUICK LINKS:

- GNR Public Health
- Healthcare Coalition Region D
- MRC GEM
- Alerts and Warnings
- National MRC

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CPR/AED Training April 15, 2023



We will have 2 courses available. Hands-only CPR/AED will cover the basics but will not include rescue breathing and lasts about 2 hours.

BLS is for healthcare professionals that need a certification card. It's a longer, more rigorous course, and will include rescue breathing and will last about 4 hours. We can accommodate a limited number of students for the BLS course, so please sign up only if you need certification. This class is currently full, but if interested keep an eye out in case of any cancelations.

Register for April 15, 9:00 a.m.

Narcan Kits Available at Health Centers

GNR Public Health is here to help address the opioid crisis in our communities. We need to flood our community with Narcan (naloxone). Our health centers have life-saving kits available to anyone over 18 at no cost. Walk in and ask our staff how you can get one. Find out more...



APRIL | 2023 | ISSUE #21

In the know:

April 15 - CPR / AED Training

May 20 - PPE (Personal Protection Equipment)

June 24 & 25 - Training Volunteer Summit

July 15 - Shelter Exercise

DID YOU KNOW?

Gwinnett County now has <u>what3words</u> in their 911 call center



What is what3words?
They have divided the world into 3 meter squares and gave each square a unique combination of three words. It's the easiest way to find and share exact locations.

You can download the **What3Words app** to help 911 dispatchers identify your location, even without an actual address. The free What3Words app gives each 3-meter square in the world a unique three-word address.

If someone is lost – especially in a park, around Lake Lanier, or in any other undeveloped natural area in the county – they can use the unique three words from the application to give dispatchers their exact location.

Lambert High School HOSA - MRC GEM Partnership



MRC GEM is honored to partner with Lambert High School HOSA Club (Future Health Professionals) to help prepare for their annual competition. This partnership and competitive event is designed for students to demonstrate the spirit and mission of both MRC and HOSA in joint-partnership activities. In addition, the partnership is beneficial for MRC GEM members through joint training events and developing relationships to help strengthen and expand MRC's reach in the communities served. The partnership started when Lambert HOSA competition team member, Amruta Challa, contacted our director and asked if our group was interested in a partnership to help them prepare for the annual competition and the answer was YES!

HOSA is a global student-led organization, whose mission is to promote career opportunities in the health industry and to enhance the delivery of quality health care to all people. (https://hosa.org/about-hosa/) The partnership provides HOSA members an opportunity to gain knowledge and skills required to initiate and maintain a partnership with their local/state Medical Reserve Corps units. This competitive event is designed for students to demonstrate the spirit and mission of both the MRC and HOSA in joint activities. MRC GEM representatives met with the club in early February where Dr. Terry Eng presented a slide show to club members explaining the mission of MRC GEM and how volunteers could assist with community preparedness. In addition, R. Michael Carter and Tony Varamo fielded questions from the students to help reinforce topics presented. One of the activities this HOSA team did was to hold a fundraising event at Lambert High School and raised money for MRC GEM supplies. MRC GEM also invited the Lambert HOSA members who have turned 18 and the HOSA advisors to join MRC GEM. We also invited the team members and advisors to the March Stop the Bleed training and future training as our quests (space available) if not already joined as MRC GEM's new members.

Region D Healthcare Coalition Meeting

Great meeting held at GNR Public Health with Region D Healthcare Coalition. Wonderful job by the team putting on this event. What a treat touring the special response unit known as MAB (mobile ambulance bus).



Natural Disasters Powered by Tesla

Tesla Megapack powered microgrid in Northern California has helped keep an airport and US Coast Guard station, described as a lifeline for the region, powered during natural disasters. Read full article.



Securely dispose of your old documents!



A "SHRED-IT" shredding truck will be available to collect and shred your documents on site for FREE on Saturday, April 29, 2023, from 10:00 AM to 1:00 PM at 4878 Manhattan Dr, Buford, GA 30518.

Any questions? Call the Keller Williams office at 770-601-8787.Shredding

Teams - supporting GNR

1.Community Health Mobile Team

Participate with mobile units visiting communities in assisting with women's health, children, vaccinations, etc.

2. Opioid Crisis Education Team

Opportunity to speak to schools, churches, and communities, and support GNR's education with the Opioid crisis.

For more info or to be added to a team, Contact <u>patty@mrcgem.com</u>









