

An All Volunteer - Nonprofit Organization

Heroes aren't born. They volunteer!

Fun Facts

Never use furniture as a ladder

- For every four feet the ladder rises, move the base out one foot from the structure.
- Always keep three points of contact on the ladder: two hands and one foot, or two feet and one hand.

QUICK LINKS:

- GNR Public Health
- Healthcare Coalition Region D
- MRC GEM
- Alerts and Warnings
- National MRC

Winter Wonderland



December | 2023 | ISSUE #28

December 16 - Annual Holiday Luncheon

March 16 - First Aid/Triage/Stop the Bleed

January 20 - Winter Preparedness
February 17 - Active Shooter Training

In the know:

DID YOU KNOW?

Modified mosquitoes could eliminate dengue.



Dengue infection rates among mosquitoes in three densely populated cities in Colombia have <u>dropped by 94%-97%</u> from a decade before, thanks to the World Mosquito Program's release of *Aedes aegypti* mosquitoes infected with a bacteria that helps prevent disease transmission. Since the release of the modified mosquitoes, there have been no large dengue outbreaks among the human populations in those areas.

The Wolbachia bacteria gets inherited by offspring, so researchers hope their special skeeters will breed with wild ones to produce a population resistant to dengue, and maybe Zika too.

Annual Holiday Volunteer Recognition Luncheon

(members only)

Saturday, December 16, 2023 - 10:00am -1:00pm



Please join us for our annual Holiday Volunteer Appreciation Luncheon. We'll get started at 10 AM with a short program, followed by recognizing the contributions our volunteer members have made to the health and safety of our community.

We'll finish up with lunch catered by Moe's Southwest Grill. Please make sure to sign up so that we will have enough of everything to go around. Please note, this event is for MRC GEM members only. Sign up now

The National Association of County and City Health Officials (NACCHO)

Released the 2022 Network Profile of the Medical Reserve Corps Two Decades of Service, which provides a snapshot of the MRC network and illustrates the pivotal role that MRC units have played in support of public health, especially during COVID-19 pandemic response. Standing on its 20th year of service, MRC volunteers have responded to communities amidst a range of emerging threats from COVID-19, the opioid epidemic, responding to an active shooter, hurricane Fiona, and severe weather in California, to name a few. View the press release here!



<u>Some highlights from the</u> report include:

- 89% of units developed medical Point of Dispensing (PODs) or mass vaccination capabilities.
- 70% of MRC units are house with their local health department.
- 83% of MRC units conducted background checks for at least some of their volunteers.
- The largest source of funding to support MRC units came from NACCHO's MRC COVID-19 Respond, Innovate, Sustain, and Equip (RISE) Award.
- 96% of respondents deployed to COVID-19 between January 1, 2020 -December 31, 2022. View Full Report

Member Spotlight

R Michael Carter joined Civil Defense through Hardwick Volunteer Fire Dept in June 1975 while at Georgia College. He received training on myriad topics including first-aid, fire, watercraft, rail, woods, search, general safety... even radiation. He dragged Lake Sinclair twice for pilots who had missed the runway of KMLJ, and chiseled firebrick from the living room of a house north of Milledgeville after the family had kept a fire going four consecutive days during a Winter power outage; the builder hadn't properly insulated the chimney from the particle board beneath which had begun to smolder. We helped with car crashes, county wide. As well as help locate patients who had wandered away from their facilities at Central State Hospital. R Michael taxied people across town during a few ice storms. Still just a volunteer..

8 tips for keeping children safe during the holidays



- 1. Manage your Christmas tree.
- 2. Keep flames away
- 3. Watch for tempting seasonal décor
- 4. Keep plants out of little hands.
- 5. Remember electricity safety.
- 6. Find safe toys.
- 7. Monitor alcohol in the home.
- 8. Bundle up and use safety gear. Read more from the Mayo Clinic











MRC TESTIMONIALS NEEDED!



Are you passionate about MRC GEM? Want to share with others WHY you joined or participate in MRC GEM? Well, now is the time to share. We want to capture volunteer stories/testimonials for marketing use on our website, along with our social media platforms. If you're interested in being included in a testimonial, you can submit a written or video testimonial to patty@mrcgem.com.

If you're shy and don't like being on camera, you can send us an email with a short blurb of why you volunteer, what you enjoy or even your favorite event you've volunteered in. If you are tech savvy and want to record yourself using your mobile phone, feel free to do so as well. Just make sure you limit your video to no more than 60 seconds. In addition, we will try to capture testimonials at our annual holiday luncheon for those who prefer to have someone record them.